

Parachute Association of Namibia

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Coach Rating Requirement sheet

Candidate's Name:				PANAM Number:		
Licence Number:		Total jumps:		Jumps last 12 months:		Jumps last 3 months:

Before applying for a Coach Rating, a candidate must have completed all the requirements listed below. This form is to accompany the General Application Form.

Formation Skydiving <input type="checkbox"/>	Artistic Events <input type="checkbox"/>	Canopy Formation <input type="checkbox"/>	Freefall Style and Accuracy Landing <input type="checkbox"/>	Authorised discipline signature and rating no.
Minimum 300 total jumps in total	Minimum 300 jumps in total	Minimum 300 jumps in total (100 of which in preceding 12 months)	Minimum 300 jumps in total	
Hold at least a PANAM C licence	Hold at least a PANAM C licence	Hold at least a PANAM C licence	Hold at least a PANAM C licence	
Have passed a JM course	Have passed a JM course.	Have passed a JM course.	Have passed a JM course	
50 FS jumps in last 12 months	Have done C Licence or higher discipline specific jumps as per MOPs (list below)	Recommendation from an existing coach	Have competed at regional level or higher in Freefall Style and in Accuracy Landing	
Attended an FS sanctioned coaching seminar in last 12 months		Have sat in on a CF 1 st jump briefing	Have performed Freefall Style with an avg. over 3 jumps of no more than 13 seconds (after penalties) on 3 different series	
Observed all Cat II FS briefings (7 levels)		Have sat in on all Cat II and Cat III briefings	Performed Accuracy Landing with an avg. over 5 consecutive jumps onto an AMD of no more than 15cm	
Given 3 Cat II FS briefings under supervision of current FS coach		Have presented at least one first jump briefing under supervision	Completed a SSA recognised judging seminar in Freefall Style and in Accuracy Landing	
Completed 4 evaluation jumps as required		Have done at least two other Cat briefings under supervision		
		Completed 3 evaluation jumps as required		

Discipline signatory name and rating number:

Chief Instructor's name and rating number:

Authorised discipline signature:		Chief Instructor's signature:		Candidate's signature:	
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Date: